

# The Centre for Response - Based Practice - Interior Region



## Family Therapy Certificate Program September 2019 - Kamloops, BC

**Instructors:** Shelly Bonnah, Ph.D, RCC & Shannon Ritchie, MC, RCC

**Course Description:** This program is unique, and follows the teaching structure designed by the Milan Team and the University of Calgary by ensuring that students receive excellent training by working directly with the families under the supervision of qualified family therapy practitioners. Students will learn the theories and develop the confidence required to work with relationships and families. Family therapy is offered through this 'teaching clinic' to the community at no cost. The theories that inform this program include Response-Based Practice, Systemic Family Therapy, Narrative Therapy, and Feminist Theory. The outline of the program includes:

- Foundations of Family Therapy
- A Response-Based approach to working with issues of violence in a family, and experiences of trauma
- Relationship interactions

**Goals:** Understanding family therapy theories, interactions within families, types of questions to use in a family therapy session, understanding and assessing violence and traumatizing experiences, and the development of therapeutic goals.

Students will participate in live counselling sessions with families.

**Course Format:** An 8-month certificate program, designed for working professionals. Classes are twice per month (5pm-8pm or 9am-12pm).

**Admission Requirements:** The course has appealed to Master's Degree and Bachelor's Degree graduates and to those who may have less formal credentials but extensive work histories with families and couples.

**Cost:** \$3000 (payment plan available)

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